

**Degree: Bachelor of Science, Exercise Science – Corporate Option**

**Year 1: Fall**

**Spring**

ENG 100 Writing I		BIO 231 Human Anatomy	
CIS 101 Computer for Learning		CHEM 101 Survey of General Chemistry	
MATH 123, or 135, or 152		HLTH 151 Wellness Theory to Action	w
HPE 160 Foundations of Health and PE		PHED 205 Lifetime Fitness	w
CMSP 108 Fundamentals of Speech		SCI 103 Phys Sci or PHYS 201 Elem Phys	
MSU 101, Discovering University Life			
Credit Hours: 16		Credit Hours: 16	
<b>Year 2: Fall</b>		<b>Spring</b>	
General Education Elective		General Education Elective	
PHIL 203 Soc Ethics or PHIL 306 Intro to Logic		PSY 154 General Psychology	
PHED 220 Athletic Training	w	SOC 101 General Sociology	
HLTH 203 Safety and First Aid	w	BIO 232 Human Physiology	
ENG 200		HLTH 206 Principles of Nutrition	
General Education Elective			
Credit Hours: 18		Credit Hours: 15	
<b>Year 3: Fall</b>		<b>Spring</b>	
HLTH 310 Health and Wellness Promotion	w	PHED 326 Exercise Program Leadership	w
PHED 301 Evaluations in Physical Education		PHED 424 Principles and Practices of Kinesiotherapy – or - elective	w
PHED 315 Motor Development/Motor Learning	w	PHED 432 Physiology of Exercise	w
PHED 332 Principles of Strength and Conditioning	w	Select 2 Electives	
PHED 306 Functional Anatomy/Biomechanics	w		
Credit Hours: 15		Credit Hours: 16	
<b>Year 4: Fall</b>		<b>Spring</b>	
PHED 423 Exercise Management of Special Populations	w	PHED 450 Planning and Managing Exercise Programs	w
PHED 441 Exercise Testing and Prescription	w	PHED 453A Corporate Internship PHED 453B Clinical Internship	w
PHED 475 Adapted Physical Education – or - elective	w		
Select 2 electives		Select 2 electives	
Credit Hours: 15		Credit Hours: 15	
<b>Summer I</b>			
*PHED 499D Senior Capstone	w		
Credit Hours: 3			
<b>Total Credit Hours: 128</b>			

Courses taken out of sequence may alter course of map

w: Web-Enhanced

\* One-week intensive

6-11-07