

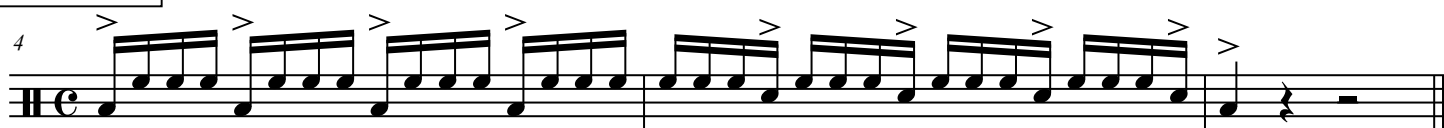
AROUND TECHNIQUE BUILDERS

WEST OUT



R | r | R | r | R | r | R | r | r | l | r | L | r | l | r | L | r | l | r | L | R

EAST OUT



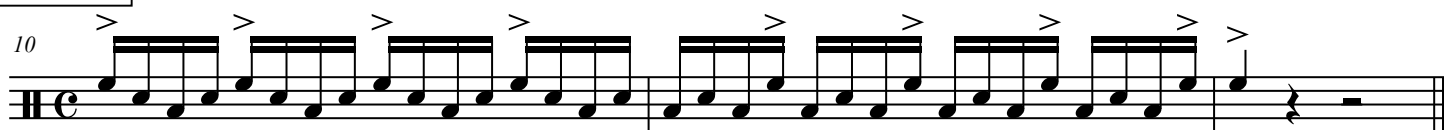
R | r | R | r | R | r | R | r | r | l | r | L | r | l | r | L | r | l | r | L | R

WEST IN



R | r | R | r | R | r | R | r | r | l | r | L | r | l | r | L | r | l | r | L | R

EAST IN



R | r | R | r | R | r | R | r | r | l | r | L | r | l | r | L | r | l | r | L | R

- These four simple around patterns can be applied to any exercise that has accents and taps.
- These are important for developing a easy flow around the drums.