

Hours of Operation

Sunday, August 8 – Sunday, August 16

Masks must be worn in all university buildings

The Rock Dining Facility – Residence Hall Area

Located in The Rocky Adkins Dining Commons, Morehead State Dining is proud to present The Fresh Food Company. Cafeterias and Dining Halls are a thing of the past and Residential Restaurants are in. Featuring cutting-edge exhibition cooking, authentic ethnic dishes, a culinary twist on old American favorites and a greater variant of healthy/vegetarian options prepared right before your eyes, we ensure that your dining room in no way resembles a cafeteria.

Saturday, August 8

Brunch 11 a.m. – 3 p.m.

Sunday, August 9

Brunch 11 a.m. – 3 p.m.

Dinner 4 p.m. – 8 p.m.

Late Night – 9 p.m. – 1 a.m.

Monday, August 10 – Thursday, August 13

Breakfast 7 a.m. – 10 a.m.

Lunch 11 a.m. – 3 p.m.

Dinner 4 p.m. – 10 p.m.

Friday, August 14

Breakfast 7 a.m. – 10 a.m.

Lunch 11 a.m. – 3 p.m.

Dinner 4 p.m. – 8 p.m.

Saturday, August 15

Brunch 11 a.m. – 3 p.m.

Sunday, August 16

Brunch 11 a.m. – 3 p.m.

Dinner 4 p.m. – 8 p.m.

Late Night – 9 p.m. – 1 a.m.

POD – Alumni Tower 1st Floor

P.O.D. offers a variety of fresh food and produce, deliciously prepared meals and everyday essentials that deliver quality, selection and value. From salty snacks and beverages to hot food options, P.O.D. is committed to giving people the stuff they want when they want it. P.O.D is located in Alumni Tower.

Saturday, August 8th – Sunday, August 16th

Noon – 8 p.m.

Starbucks – ADUC 1st Floor

Monday, August 10th – Friday, August 14th

7 a.m. – 2 p.m.

Recreation and Wellness Center

Stay active and fit at our nationally-recognized and award-winning Recreation and Wellness Center.

Saturday, August 8 – 9 a.m. – 1 p.m.

Sunday, August 9 – 3 p.m. – 9 p.m.

Monday, August 10 – Friday, August 14 – 6 a.m. – 9 a.m., 11 a.m. – 1 p.m., 4 p.m. – 8 p.m.

Saturday, August 15 – 9 a.m. – 1 p.m.

Sunday, August 16 – 3 p.m. – 9 p.m.

University Store – ADUC 1st Floor

Monday, August 10 – Friday, August 14 – 9 a.m. – 6 p.m.

Saturday, August 15 – 10 a.m. – 5 p.m.

Sunday, August 16 – Noon – 6 p.m.

Traffic Office – Parking Passes

Monday, August 10 – Friday, August 14 – 8 a.m. – 4 p.m.

Business Offices and Academic Departments

Monday, August 10 – Friday, August 14 – 8 a.m. – 4:30 p.m.

New Student Days 2020

Advance registration for events is required for certain activities scheduled

Sunday, August 9 – Sunday, August 16.

Participants will receive directions through their MSU email account. Students register up to one hour prior to the event as long as space is available.

Masks must be worn to any in-person event.

Sunday, August 9th

<p>3:00 p.m. – 4:00 p.m. 5:00 p.m. – 6:00 p.m. 7:00 p.m. – 8:00 p.m.</p>	<p>Welcome Back Glow Bowling Event – Laughlin Health Building Advance Registration Required - https://recreation.moreheadstate.edu/Program/GetProducts?classification=76f07fab-a093-406a-84e1-ca3a209ff7b2 1 hr. sessions – free!!</p>
<p>9:00 p.m.</p>	<p>The Exit Files Escape Room Advance Registration Required - https://msufyp.wufoo.com/forms/csi-escape-room/ The Office of First Year Programs is excited to offer an online virtual escape room to all students this week! Come alone, come with a team but more important, just come and have fun!</p> <p>You can join anytime between 8pm and 10pm. With a team? Great, we will get you started right away! Joining alone or with a small group? No problem, we will place you on a team! You'll need to play on a Laptop or Desktop computer with a modern browser (Chrome is recommended). We'll use Zoom to offer video or audio conferencing with your team and a link to the zoom meeting will be provided at the start of your game. You can load that up in advance with a free account at zoom.us. Good luck, and happy solving!</p> <p>Tonight's Theme: It was a strange day when you received the email from your eccentric uncle. As you probably know, I like puzzles and games. I have created a series of very difficult puzzles for you to solve remotely. I call these puzzles, The Exit File. Should you complete the puzzles, I will wire a significant amount of money into your personal bank account. If you fail, I will send the money to charity.</p>

Monday, August 10th

<p>11:30 a.m. – 1:00 p.m.</p>	<p>Service Project: Write/donate to deployed Kentucky Army National Guard members Visit the table on the lawn of Breckinridge Hall Mon –Thurs from 1130am -1pm. Eagles can pick up/drop off cards and drop off donations. This is a great opportunity to cheer up deployed military members who have been away from their families. You can also donate/drop off nonperishable individually wrapped snacks and/or small fun things to be sent to deployed Soldiers. Please no beef jerky due to restrictions in some countries. Email Silas Session at ssession@moreheadstate.edu for more information.</p>
<p>3:00 p.m.</p>	<p>eSports – Rocket League 2v2 Email Zach at zmartin@moreheadstate.edu to register a team.</p>
<p>6:00 p.m.</p>	<p>Pound with Sydney Join Sydney for a virtual fitness program! Go to https://www.moreheadstate.edu/Authentic-MSU/Recreation-and-Wellness to find the link to join.</p>
<p>9:00 p.m.</p>	<p>Free Money Game Show Advance Registration Required - https://msufyp.wufoo.com/forms/free-money-game-show/ It's like a modern version of "Name that Tune" but with all of the best of pop culture! Listen in to the host who is live-streamed to your device and when you know the song, movie theme, TV theme or Movie Quote you will answer on your phone! Disney, Broadway, Rap, Rock, Netflix, Hip Hop, Nickelodeon and Movie Franchises are just some of the categories involved in the game! At the end of the round whoever has the most points wins! Every FREE MONEY Game includes \$200 of FREE MONEY! Guaranteed!</p>

Tuesday, August 11 th	
11:30 a.m. – 1:00 p.m.	Service Project: Write/donate to deployed Kentucky Army National Guard members <i>Visit the table on the lawn of Breckinridge Hall Mon –Thurs from 1130am -1pm. Eagles can pick up/drop off cards and drop off donations. This is a great opportunity to cheer up deployed military members who have been away from their families. You can also donate/drop off nonperishable individually wrapped snacks and/or small fun things to be sent to deployed Soldiers. Please no beef jerky due to restrictions in some countries. Email Silas Session at ssession@moreheadstate.edu for more information.</i>
Noon	Scavenger Hunt Kickoff Advance Registration Required - https://msufyp.wufoo.com/forms/eagle-savenger-hunt/ <i>Join our week-long scavenger hunt for awesome prizes! Students can join throughout the week.</i>
6:00 p.m.	Zumba with Kim <i>Join Kim for a virtual fitness program! Go to https://www.moreheadstate.edu/Authentic-MSU/Recreation-and-Wellness to find the link to join.</i>
7:00 p.m. – 9:00 p.m.	eSports – Fortnite <i>Email Zach at zmartin@moreheadstate.edu to register a team.</i>
9:00 p.m.	The Survey Game Show Advance Registration Required - https://msufyp.wufoo.com/forms/the-survey-game-show/ <i>The Survey Game Show is a game in the style of “Family Feud” done virtually where all of the students play at once and compete to see who can answer the most number 1 answers correctly! It combines the elements of the Survey Questions from the opening rounds of the Feud with the Fast Money round of the final round of the Feud into one exciting competition that allows everyone a chance to win! There are multiple rounds to the game and multiple winners! You will love The Survey Game Show!</i>
Wednesday, August 12 th	
10:00 a.m.	Eagle Lake Trail Hikes - Small Groups Guided Tours Advance Registration Required - https://msufyp.wufoo.com/forms/eagle-lake-trail-hikes/ <i>Eagle Lake Loop Trail is a 1.2 mile loop trail located near Morehead, Kentucky that features a lake. The trail is good for all skill levels. Must wear a mask. Meet in front of the Rec Ctr.</i>
11:30 a.m. – 1:00 p.m.	Service Project: Write/donate to deployed Kentucky Army National Guard members <i>Visit the table on the lawn of Breckinridge Hall Mon –Thurs from 1130am -1pm. Eagles can pick up/drop off cards and drop off donations. This is a great opportunity to cheer up deployed military members who have been away from their families. You can also donate/drop off nonperishable individually wrapped snacks and/or small fun things to be sent to deployed Soldiers. Please no beef jerky due to restrictions in some countries. Email Silas Session at ssession@moreheadstate.edu for more information.</i>
Noon	Scavenger Hunt Continued – new tasks released
2:00 p.m. – 4:00 p.m.	Find My Classes (campus map with highlighted classroom buildings) Information Table in front of ADUC
6:00 p.m.	Yoga with Shelby <i>Join Shelby for a virtual fitness program! Go to https://www.moreheadstate.edu/Authentic-MSU/Recreation-and-Wellness to find the link to join.</i>
8:00 p.m.	Life @ MSU Join this WebEx session here <i>Learn more about MSU from other MSU students through this informative program.</i>
Thursday, August 13 th	
11:30 a.m. – 1:00 p.m.	Service Project: Write/donate to deployed Kentucky Army National Guard members <i>Visit the table on the lawn of Breckinridge Hall Mon –Thurs from 1130am -1pm. Eagles can pick up/drop off cards and drop off donations. This is a great opportunity to cheer up deployed military members who have been away from their families. You can also donate/drop off nonperishable individually wrapped snacks and/or small</i>

	<i>fun things to be sent to deployed Soldiers. Please no beef jerky due to restrictions in some countries. Email Silas Session at ssession@moreheadstate.edu for more information.</i>
Noon	Scavenger Hunt Continued – new tasks released
6:00 p.m.	Buti Yoga/Dance Fitness <i>Join us for a virtual fitness program! Go to https://www.moreheadstate.edu/Authentic-MSU/Recreation-and-Wellness to find the link to join.</i>
7:00 p.m. – 9:00 p.m.	eSports – Call of Duty Warzone <i>Email Zach at zmartin@moreheadstate.edu to register a team.</i>
9:00 p.m.	CSI Escape Room Advance Registration Required - https://msufyp.wufoo.com/forms/csi-escape-room/ <i>The Office of First Year Programs is excited to offer an online virtual escape room to all students this week! Come alone, come with a team but more important, just come and have fun!</i> <i>You can join anytime between 8pm and 10pm. With a team? Great, we will get you started right away! Joining alone or with a small group? No problem, we will place you on a team! You'll need to play on a Laptop or Desktop computer with a modern browser (Chrome is recommended). We'll use Zoom to offer video or audio conferencing with your team and a link to the zoom meeting will be provided at the start of your game. You can load that up in advance with a free account at zoom.us. Good luck, and happy solving!</i> <i>Tonight's Theme: Tommy Bennetti, a local crime boss, has hired you to discover the identity of two shooters who committed a mob hit at his club last Tuesday so he can get his own revenge before the police find them. You have 60 minutes to sort through the evidence!</i>
Friday, August 14th	
Noon	Scavenger Hunt Continued – new tasks released Wrap-Up at 5:00 p.m.
7:00 p.m.	Curtis Zimmerman – Life at Performance Level *Student Favorite* <i>As an award winning speaker, best-selling author, juggler and mime, Curtis Zimmerman's unique combination of humor, personal stories and interactive activities impact an audience like no other. He incorporates the skills he gained from over twenty-five years in the entertainment industry into his powerful programs, cleverly balancing the connection between education and entertainment.</i>
Saturday, August 15th	
10:00 a.m.	Eagle Lake Trail Hikes - Small Groups Guided Tours Advance Registration Required - https://msufyp.wufoo.com/forms/eagle-lake-trail-hikes/ <i>Eagle Lake Loop Trail is a 1.2 mile loop trail located near Morehead, Kentucky that features a lake. The trail is good for all skill levels. Must wear a mask.</i> Meet in front of the Rec Ctr.
2:00 p.m.	Create A Creatures Advance Registration Required - https://msufyp.wufoo.com/forms/createcreatures/ <i>Pick your animal, take your supplies home, stuff it, name it, and dress it.</i> ADUC 2 nd Floor
	Drive-In Movie Advance Registration Required - https://msufyp.wufoo.com/forms/drivein-movie/ Academic-Athletic Parking Lot Being socially distanced doesn't mean we can't continue to have some fun! Join us for a drive-in movie experience. Do not have a car? There will be a limited amount of spaces for individuals – just be sure to bring a lawn chair or blanket!

Sunday, August 16th	
2:00 p.m. – 4:00 p.m.	Find My Classes (campus map with highlighted classroom buildings) Information Table in front of ADUC
7:00 p.m.	Welcome to MSU Join us here <i>Join President Morgan, SGA President Emily Wiley, administrators, faculty and staff In the official opening of New Student Days 2020.</i>
Monday, August 17th	
	Classes Begin! Information Points @ the Bell Tower and ADUC Corner
	All offices and dining facilities begin normal operating hours
6:00 p.m.	All Greek Informational Q & A
Tuesday, August 18th	
5:00 p.m.	5 th Annual Good Ole Family Reunion (Virtual Edition) <i>Tune in to this virtual event to learn about the Eagle Diversity Education Center (EDEC) and the programs and services offered to students of Morehead State University. Participants will have an opportunity to meet the EDEC staff, fellow new students, MSU faculty, and staff of color, as well as representatives from multicultural student groups supported by the EDEC to learn how to get involved. To attend this virtual event, please visit moreheadstate.edu/eaglelink and click Events.</i>
7:00 p.m.	Virtual Casino Game Show <i>Participants compete in four rounds of casino themed guessing games and trivia Cash Prizes (sent after the game via Venmo or PayPal). The rounds include Guess the Card, The Wheel Celebrities, and Jackpot Trivia. Each round is designed to bring the feel of a Casino Night to a virtual game show format. The best part is that your host is a world-class magician who will perform incredible sleight of hand to reveal the correct answers with a deck of cards using amazing feats of magic! Even better, the event includes a 15-minute magic pre-show performed by your host before the game show starts. In between every round of the game, there is a casino themed magic trick performed. Every game includes cash prizes of \$200 – GUARANTEED!</i> To join, go to: www.EventGameShows.com/Morehead
Wednesday, August 19th	
6:00 p.m. – 8:00 p.m.	Eagle Fest <i>Eagle Fest is a virtual fair that encourages students to find opportunities to get involved in Registered Student Organizations at MSU! The virtual fair will allow students to browse student organizations and have the opportunity to interact virtually with members to find out more about each organization. This is a great way to find your people and your place at MSU!</i> <i>To participate in Eagle Fest please visit https://moreheadstate.campuslabs.com/engage/event/6150608</i>

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