



MyHealth Advantage

Healthy, wealthy and wise

Everyone knows that finding potential health problems early can lead to a better outcome. And being healthier may reduce the number of visits you make to the doctor or the hospital, which, in turn, can save you money.

MyHealth Advantage is a free service from your health plan that relies on these facts to help you be healthy, wealthy and wise. We provide personalized information to you and your doctor that may directly affect your health and your bank account.

Here's how it works. We review your health status daily. We check to see what medications you are taking and quickly alert your doctor if we spot a potential drug interaction.

We also keep track of your need for routine tests and checkups. We remind you to make these appointments by mailing **MyHealth Note** to your home. MyHealth Note also contains a convenient summary of all your recent claims. And from time to time, we offer tips to save you money on prescription drugs and other health care supplies.

COMING SOON TO A MAILBOX NEAR YOU

You don't need to lift a finger to save money while enjoying a healthier life. Just watch your mail for MyHealth Notes. Then use them to your advantage.

Anthem  
360°Health

Anthem Blue Cross and Blue Shield is the trade name of: In Colorado: Rocky Mountain Hospital and Medical Service, Inc. In Connecticut: Anthem Health Plans, Inc. In Indiana: Anthem Insurance Companies, Inc. In Kentucky: Anthem Health Plans of Kentucky, Inc. In Maine: Anthem Health Plans of Maine, Inc. In Missouri (excluding 30 counties in the Kansas City area): RightCHOICE® Managed Care, Inc. (RIT), Healthy Alliance® Life Insurance Company (HALIC), and HMO Missouri, Inc. RIT and certain affiliates administer non-HMO benefits underwritten by HALIC and HMO benefits underwritten by HMO Missouri, Inc. RIT and certain affiliates only provide administrative services for self-funded plans and do not underwrite benefits. In Nevada: Rocky Mountain Hospital and Medical Service, Inc. In New Hampshire: Anthem Health Plans of New Hampshire, Inc. In Ohio: Community Insurance Company. In Virginia (serving Virginia excluding the city of Fairfax, the town of Vienna and the area east of State Route 123.): Anthem Health Plans of Virginia, Inc. In Wisconsin: Blue Cross Blue Shield of Wisconsin ("BCBSWI") underwrites or administers the PPO and indemnity policies; CompCare Health Services Insurance Corporation ("CompCare") underwrites or administers the HMO policies; and CompCare and BCBSWI collectively underwrite or administer the POS policies. Independent licensees of the Blue Cross Blue Shield Association. © ANTHEM and 360° Health are registered trademarks of Anthem Insurance Companies, Inc. The Blue Cross and Blue Shield names and symbols are registered marks of the Blue Cross and Blue Shield Association.

MANSH1312A Rev. 2/09 F0049132