



Curriculum Map – Health Promotion Major* Updated Spring 2011

NOTE: If you are required to complete any developmental courses, you may not be able to complete the degree in four years. This curriculum map assumes that you have not transferred in any previously completed college level courses.

FIRST YEAR COURSE SCHEDULE								
✓	Fall Semester	Code	Credits		✓	Spring Semester	Code	Credits
	ENG 100 Core Writing I	G	3			ENG 200, Core Writing II	G	3
	FYS 101, First Year Seminar	G	3			MATH 131, 135, 152, 174 or 175	G	3
	NSC 1: Natural Science	G	3			SBS 2: Social and Behavioral Science Health 151, Wellness Theory to Action	G, R	3
	HPE 160 Foundations of Health, Physical Education and Sport Sciences	P, R	3			NSC 2: Natural Science	G	3
	COMM 108, Oral Communication	G	3			HUM 1: Humanities	G	3
Total Credit Hours			15		Total Credit Hours			15

SECOND YEAR COURSE SCHEDULE								
✓	Fall Semester	Code	Credits		✓	Spring Semester	Code	Credits
	PSY 154, Introduction to Psychology	G	3			HLTH 205 Psychological Health	P	3
	PHED 306 Functional Anatomy/ Biomechanics -or- BIOL 234 Human Anatomy	R	3			HLTH 206 OR HS 201 Principles of Nutrition	P	3
	HLTH 230 Community Health	R	3			Minor (2)	R	3
	HUM 2: Humanities	G	3			Minor (3)	R	3
	Minor (1)	R	3			Elective (1)	E	3
Total Credit Hours			15		Total Credit Hours			15

THIRD YEAR COURSE SCHEDULE								
✓	Fall Semester	Code	Credits		✓	Spring Semester	Code	Credits
	HLTH 310, Health and Wellness Promotion	P,R	3			HLTH 360 Family Health	R, U	3
	Minor (4)	R	3			HLTH 425 Planning and Managing HP programs	R, U	3
	Minor (5)	R	3			Elective (3)	E	3
	Minor (6)	R	3			Elective (4)	E	3
	Elective (2)	E	3			Minor (7)	R	3
						HLTH 435 Health Counseling	R	3
Total Credit Hours			15		Total Credit Hours			18

FOURTH YEAR COURSE SCHEDULE

FOURTH YEAR COURSE SCHEDULE								
✓	Fall Semester	Code	Credits		✓	Spring Semester	Code	Credits
	HLTH 499C Senior Seminar in HP 6:00-8:40 M	G, U	3			<i>Professional Semester: HLTH 471 Practicum</i>	R, U	12
	HLTH 418 Use and Abuse of Drugs (on-line)	R, U	3					
	HLTH 414 Principles of Epidemiology (on-line)	R, U	3					
	Elective (5) or Minor (8)	E, R	3					
	HLTH 408 General School Safety (on-line) -or- HLTH 475, School Health Program 9:10 (TTHF)	R,U	3					
Total Credit Hours			15		Total Credit Hours			12

120 credit hours

** A minor is required with this program.*

(P) Pre-requisite, (E) Elective, (G) General Education Course, (R) Required Course (U) Upper Division Course 300-400 level (you must have 42 hours)